

INSTRUCTIONS FOR USE

DESCRIPTION OF SYMBOLS

Medical Device

INDICATIONS FOR USE

- Mild to severe unicompartmental knee osteoarthritis
- Medial or lateral compartment
- Degenerative meniscal tears
- Articular cartilage defect repairs

PRODUCT DESCRIPTION

The EZOA brace is a single upright Osteoarthritis brace designed to reduce the pain and swelling associated with Osteoarthritis by creating a gap between the bones.

WARNINGS

If you experience pain, swelling, sensation changes, or unusual reactions while using this product, consult a physician. For single patient use only. NOTICE: There is no guarantee that injury will be prevented through use of this device.

Contraindications: Not recommended for patients with known allergies to Neoprene or susceptible to Dermatitis.

RANGE OF MOTION ADJUSTMENTS

The EZOA comes with standard 0 degree extension stops. Additional flexion and extension stops may be installed if they are prescribed by your physician. These should be inserted by the technician who fits your brace. Optional 5°, 10°, 15°, 20°, and 25° extension stops and optional 45°, 60°, 75° and 90° flexion stops are included with each brace.

CLEANING AND CARE

Prior to cleaning, remove the pump and tubing. Hand wash with mild detergent and let air dry. Do not machine wash or dry.

SYMBOL GLOSSARY

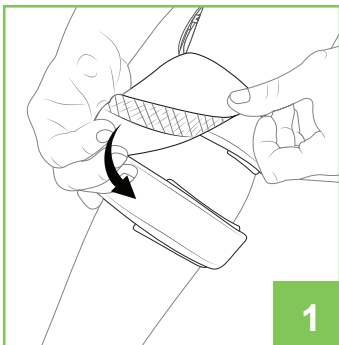
For an explanation of symbols, please refer to www.manamed.com/glossary/symbol-glossary.pdf



Please complete instructions on reverse prior to Wrap instructions

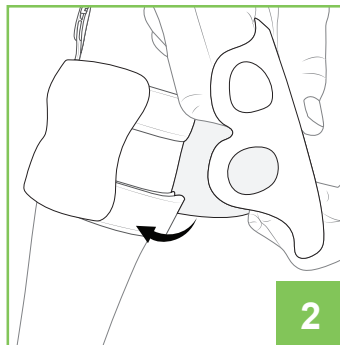
CALF SUSPENSION WRAP APPLICATION INSTRUCTIONS

This wrap is designed to aid suspension and brace position by wrapping more surface area and applying even compression to the soft tissue of the calf. The suspension wrap is an option that comes with the brace. It is also applied after the brace is applied to the leg.



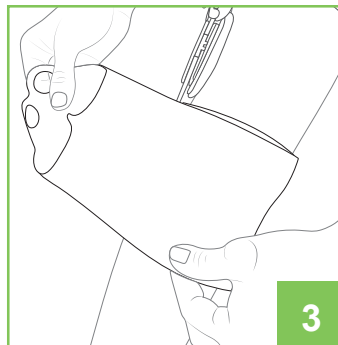
1

Attach the hook and loop strip sewn into the edge (opposite the finger pull) to the inside two straps of the lower half of the brace.



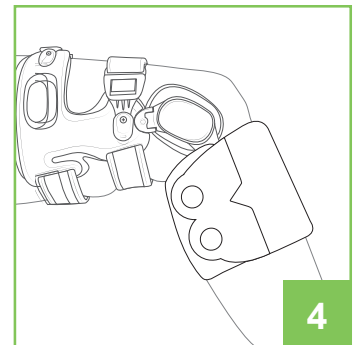
2

Pull the wrap around the outside of the leg and brace.



3

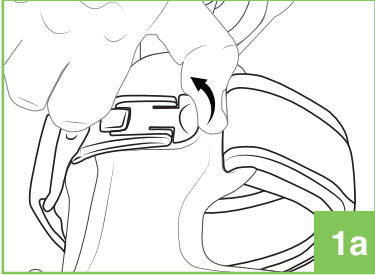
Continue the wrap all around the brace and leg and attached it to itself with the finger pull end.



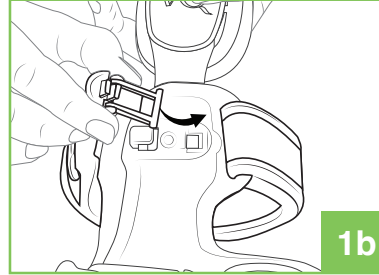
4

NOTE: Wrap should be positioned so that the top edge is 1/2 inch above the strap right below the knee.

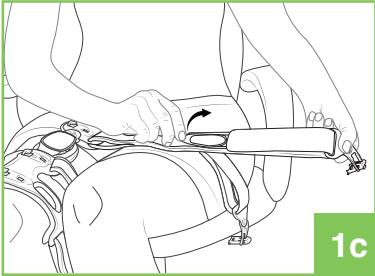
EZOA INSTRUCTIONS FOR USE (continued)



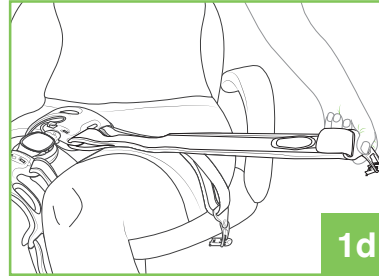
1a



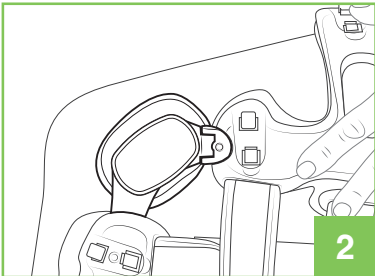
1b



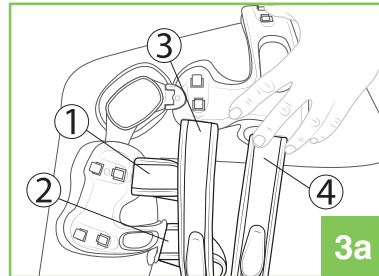
1c



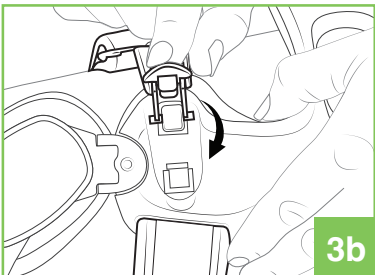
1d



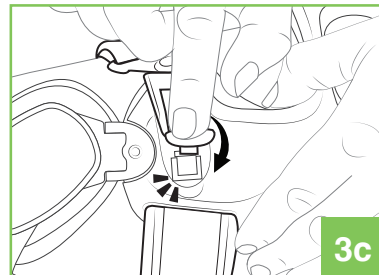
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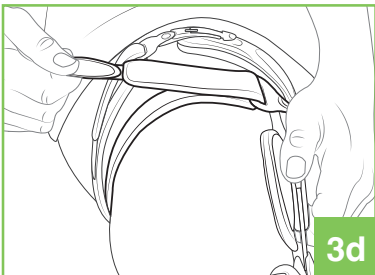
3a



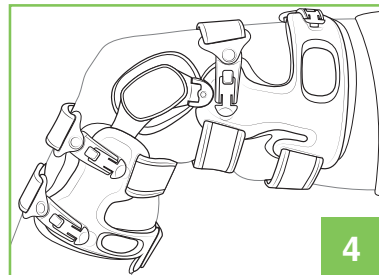
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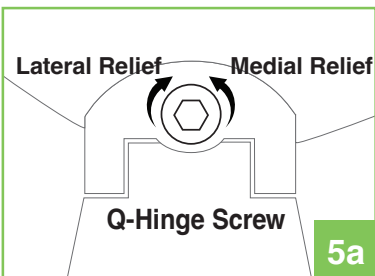
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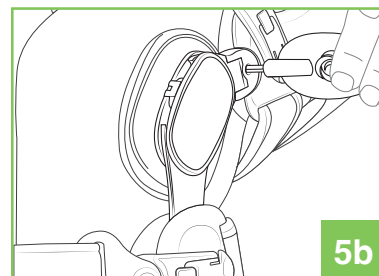
3d



4



5a



5b

STEP 1.

- Open the brace by lifting up on the buckles (1a) and unhooking the buckles from the frame (1b).
- Loosen the straps by peeling up the strap tab (1c) and re-applying at the end of the strap (1d).

STEP 2.

- While sitting at edge of chair, bend knee slightly and apply brace to lateral side (outside) of leg.
- Align center of hinge with top of kneecap and position slightly behind midline of leg (2).

Important note for initial fitting: When positioning the EZOA off-the-shelf brace, it should first be adjusted to neutral. This is achieved by setting the brace angle (see step 5) so the cuffs and hinge rest on leg without gapping or pressure. Medial or lateral compartment correction will be adjusted in step 5.

STEP 3.

Attach strap buckles in sequence (3a) by hooking the buckle on the frame (3b) and snapping the buckle down (3c). Be sure to securely snap buckle into place. Hold brace at hinge to prevent rotation while tightening straps (3d).

- Fasten strap 1 snugly just above calf muscle. Strap 1 is important in maintaining brace position.

- Fasten strap 2 around middle of calf.
- Fasten strap 3 around lower thigh.
- Fasten strap 4 around upper thigh.

All straps should be comfortably tightened to properly secure brace and provide relief. Do not overtighten thigh straps.

STEP 4.

- Once straps are secure, center of hinge should be aligned with top of kneecap and positioned slightly behind midline of leg.
- To ensure proper fit for activity, walk a short distance. It is normal for brace to drop or settle into position. Make strap and position adjustments as necessary.
- The straps are now set for proper fit and do not need to be loosened and tightened for each application. The brace can now be put on and taken off using just the buckles (4).

STEP 5.

Warning: Initial adjustment of the EZOA brace should be done by a trained bracing professional in accordance with a Doctor's prescription indicating the compartment to unload. Subsequent adjustments, though rarely needed, should be made by small turn increments (5a, 5b). With the brace in neutral (from step 4), bend the knee to 90°. With the provided Q-hinge adjustment tool, turn the Q-hinge screw 1/8 turn clockwise (important) to increase lateral compartment relief or 1/8 turn counterclockwise to increase medial compartment relief. This is a good starting point for initial use.

STEP 5.1 FOR INITIAL FITTING AND ALL ADJUSTMENTS

- Stand and walk a short distance to ensure comfort and proper correction after each adjustment or upon initial fitting of the EZOA.
- If more relief is required, turn Q-hinge screw no more than 1/8 turn. Walk after the adjustment and check as above.
- Over-adjusting the Q-hinge may cause discomfort, rotation or skin pressure issues. Adjust conservatively.



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