

# MAC Boot Short



## INSTRUCTIONS FOR USE

### DESCRIPTION OF SYMBOLS

Medical Device

### INDICATIONS FOR USE

For non-surgical or postoperative support and immobilization of the injured foot and ankle. Provides a stable, protected environment for ankle sprains and strains and stable fractures of the foot and ankle.

### PRODUCT DESCRIPTION

The MAC Boot Short walker boot is a customizable orthosis for the foot and ankle. When properly applied, the ankle joint and foot are properly protected by the uprights and footplate. The unique design of the soft shock absorption tread system insures comfort and a normal gait. The inflation system provides an intimate fit as well as reduces edema.

### GENERAL SAFETY INSTRUCTIONS / WARNINGS AND PRECAUTIONS

Read these instructions carefully before use. Keep them for future reference. Any serious incident in relation to the device must be reported to the manufacturer and relevant authorities.

The MAC Boot Short walker boot is supportive only and does not guarantee or intend to prevent injury.

ManaMed accepts no responsibility for any injury which might occur while using ManaMed products. Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention. If you do not agree to the above conditions, contact your health care provider before using this product. The patient should stop using the device and contact a healthcare professional:

- If there is a change or loss in device functionality, or if the device shows signs of damage or wear hindering its normal functions.
- If any pain, skin irritation, or unusual reaction occurs with the use of device.

The device is for single patient, multiple use.

This device is a supportive brace only and is not intended or guaranteed to prevent injury.

**WARNING:** Skin irritation may occur while using this device. If you experience an unusual skin reaction while using this product, consult with your healthcare provider immediately.

### APPLICATION OF THE MAC BOOT SHORT

STEP 1: Loosen the straps and remove the internal soft gauntlet.

STEP 2: Place the foot in the gauntlet with the heel against the back of the gauntlet. Pull the anterior closure to a snug fit and secure the closure.

STEP 3: Gently expand the uprights and place the foot on the footplate and the calf in between the uprights. Center the uprights with the leg. Remove the hook cover strips to expose the hook on the upright then engage the hook with the gauntlet.

STEP 4: Fasten the strap 1-2-3 from the bottom to the top of the toe, adjust as need for comfort.

STEP 5: Insert the strap through the D rings and tighten to desired support.

STEP 6: After strap fixation, inflate the liner, press and release the central pump until the liner provides comfortable support. Do not overfill. To deflate or adjust the pressure, press the smaller circular pressure release button.

STEP 7: To remove boot, press the pressure release button until the air bladder is deflated and then loosen the straps. No disassembly necessary. Pull the heel and ankle forward to exit the boot. If you want to reapply the boot, it is already fitted to your leg. Put the foot and ankle in the soft good and close the soft good and pull the straps to the desired tension. Inflate to desired compression.

### CLEANING AND CARE

The MAC Boot Short walker boot may be cleaned by hand using a mild soap and warm water. Hang to dry. Do not place in washing machine or dryer.

### SYMBOL GLOSSARY

For an explanation of symbols, please refer to [www.manamed.com/glossary/symbol-glossary.pdf](http://www.manamed.com/glossary/symbol-glossary.pdf)

Product Name	Men's Shoe Size	Women's Shoe Size	Part Number
MAC Extra Small Short Boot	Up to 5	Up to 6	MACAIR01-S-XS
MAC Small Short Boot	5 - 7.5	6 - 9	MACAIR01-S-S
MAC Medium Short Boot	7.5 - 10.5	9 - 12	MACAIR01-S-M
MAC Large Short Boot	10.5 - 13	12 - 14	MACAIR01-S-L
MAC Extra Large Short Boot	13 - 16	14 - 17	MACAIR01-S-XL

Tab color on inside top of boot indicates size



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