

# ManaEZ<sup>®</sup> Crutch

## INSTRUCTIONS FOR USE

Sizing Universal, Comes in pairs.

Part number: EZCrutch01

Suggested HCPC: E0114

MD

Medical Device

### DEVICE DESCRIPTION

ManaEZ Crutches are light weight, easily adjusted devices that provide support to patients that are unable to walk with full weight on one of their legs.

### INTENDED USE

Ideal for patients recovering from post op surgery or strains and sprains of the Hip, Knee, Foot and ankle.

### ASSEMBLY INSTRUCTIONS For best fit and assembly follow instructions below.

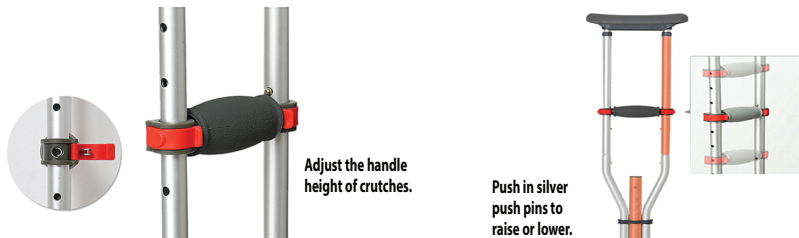
1. Remove contents from package.
2. With one hand, place bottom section on floor with tip securely on the ground. Insert top section into tubing. Depress both aluminum/silver push pins simultaneously with thumbs and slide top half onto bottom half until the push pins "pop" through holes. You will hear an audible click when top section is secure.

### CRUTCH HEIGHT (38.5" - 62.5") ManaEZ Crutches are adjustable to fit most patient heights.

Adjust height of the crutch by pressing in the push pins on the lower section of the crutch. This will allow the center section to telescope out to the desired length.

Slide to the desired length and secure by having the push pins protrude through the hole with an audible click. The crutch will accommodate patients from 4'6" to 6'6"

- 1.
2. Set hand grip by placing underarm pad under armpit and sliding hand grip so that the elbow has a 10° bend.
3. Unlock both red eurostyle clips on hand grip by using your thumbs and pressing outward on the tabs.



4. With both thumbs, push hand grip down in order to have full access to aluminum/silver push pins.
5. Lock eurostyle clips in place by inserting into positioning hole and locking push tab. Repeat for second crutch.

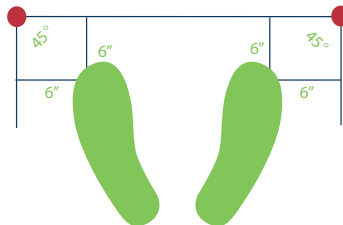
### CAUTIONS

Use after proper training under the direction of your doctor or physical therapist. Replace Crutch Tips if worn. Use extra caution on wet and slippery surfaces.

### SAFETY CHECK

With crutches positioned per diagram, confirm patient can lean forward comfortably while resting on the underarm supports. Patient should not have to stand uncomfortably erect.

Ensure both push-buttons are firmly in place and handgrips are secure.



### WEIGHT CAPACITY

300 LB / 136 KG

**SYMBOL GLOSSARY:** For an explanation of symbols, please refer to <https://www.manamed.com/glossary/symbol-glossary.pdf>

### Universal Aluminum Crutch Lifetime Limited Warranty

The ManaEZ Crutch is warranted to be free of defects in materials and workmanship for the lifetime of the product for the original consumer purchaser. This device was built to exacting standards and carefully inspected prior to shipment. This Lifetime Limited Warranty is an expression of our confidence in the materials and workmanship of our products and our assurance to the consumer of years of dependable service. This warranty does not cover device failure due to owner misuse or negligence, or normal wear and tear. The warranty does not extend to non-durable components, such as rubber accessories, casters, and grips, which are subject to normal wear and need periodic replacement. If you have a question about your device or this warranty, please contact ManaMed.



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