

INSTRUCTIONS FOR USE

MD

ManaEZ[®] Wrap 33

Universal Hinged Knee Brace

Product Description: The ManaEZ Wrap 33 is a knee orthosis, designed to provide medial and lateral support to the knee joint as well as control range of motion per physicians orders.

Indications for use: Ideal for active patients recovering from strains or sprains of the ligaments of the knee. Medial and lateral hinges combined with a soft breathable body provide excellent ligament support. Unique wrap around design provides a customized fit. An excellent choice for patient who have difficulty with pull up design braces.

Contraindications: Not recommended for patients with known allergies to Neoprene or susceptible to dermatitis.

Caution: Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

Warning: Contact neoprene material with skin may cause irritation. Persons with a known susceptibility to dermatitis or with broken skin should avoid contact with neoprene. Anyone who develops skin irritation from contact with this material should discontinue its use immediately. Should not be worn by persons with phlebitis or circulatory disorders. Not recommended to be worn while sleeping.

Required Components: The ManaEZ Wrap 33 consists of the wrap around body design with two circumferential straps.

- Aluminum uprights and range of motion hinges

Washing and Care: Remove hinges from brace. Fasten closures. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

How to Apply ManaEZ Wrap 33:

Unfasten all straps and closures. Position the brace behind the leg so the hole cut out is behind the knee joint. Align the hinges with the center at the knee joint. Wrap brace flaps around the leg and secure the hook and loop closure. The brace should fit snug but not so tight as to restrict circulation. Hinges should be aligned with the center on each side of the knee. Secure circumferential straps beginning with bottom strap, then secure the top strap. Feed the straps through the rings and secure in place.

Setting the Hinge:

Hinge has optional flexion and extension settings. The caregiver should determine the correct setting for the condition. Remove hinges from pockets. Open hinge cover and remove pins. Set flexion first by moving hinge arms until an opening is seen through the desired flexion setting. Drop pins into desired setting, snapping them into place. Set both sides of the hinge (left/right) at the same degree of flexion. Set extension by moving hinge arms until an opening is seen through the desired extension setting. Drop pins into desired setting, snapping them into place. Set both sides of the hinge (left/right) to the same degree of extension. Close hinge cover. Insert hinges back into pockets.

Disposal: The device and packaging must be disposed of in accordance with respective local or national environmental regulations.

Liability: ManaMed does not assume liability for the following:

- Device not maintained as instructed by the Instructions For Use.
- Device assembled with components from other manufacturers.
- Device used outside of recommended use condition, application, or environment.

Symbol Glossary: For an explanation of symbols, please refer to <https://www.manamed.com/glossary/symbol-glossary.pdf>



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